

Prior Learning

Can send and receive balls in a variety of ways. Can recall and link combinations of skills, e.g., running with a ball. Refined gross motor skills.

Unit Focus

Play in a hockey-type invasion game. Improve game-based agility. Manipulate objects using a stick and ball with safety and control.

We are learning...

1. to keep close control of the ball using the flat side of the stick.
2. to control the ball and pass it into space.
3. to use a defensive body position.
4. to consistently stop a moving ball ready to pass, move or shoot.
5. to improve our agility and apply it in a game situation.
6. to avoid our feet contacting the ball and apply basic rules to the game.

Key Questions

1. Why is it important to have close control of the ball?
2. What part of the stick can we use to control the ball?
3. Why is our positioning as a defender important?

Equipment

Cones, hockey sticks, a range of balls, bibs, whistle.

Vocabulary

Shoot, defend, attack, block, run, control, receive, pass, teamwork, score, hockey, shaft, foot, space.

Rules

- The ball can make no contact with the feet.
- Must hit the ball with the flat part of the stick on the head or shaft.
- Do not swing and hit the ball.
- Take a sideline ball in line with where the ball went out of play.

Assessment Overview

Head - Implement some hockey rules in a game.

Hand - Can stop and control the ball.

Heart - Work as a team to score points.

