

Prior Learning

Consistently performed basic tag rugby skills. Implemented rules and developed tactics in competitive situations. Increased speed and endurance during gameplay.

Unit Focus

Combine basic tag rugby skills such as catching and quickly passing in one movement. Select and implement appropriate skills in a game situation. Begin to play effectively when attacking and defending. Increase the power of passes so the ball can be moved quickly over a greater distance.

We are learning...

1. to use defensive positions to mark and tag an attacker.
2. to pass a ball accurately and consistently while on the move.
3. to defend as part of a team to deny space to the attacking team.
4. to use a pop pass over short distances to create an explosive run.
5. to move the ball quickly using the 'magic diamond' formation.
6. to use the 3 step and pass rule with some confidence.

Key Questions

1. What techniques are we looking for during games?
2. What does it mean to take the metres not the time?
3. When would you use the magic diamond?

Equipment

Rugby balls, tags, cones, hoops.

Vocabulary

Contest, possession, pressure, support, pop pass, turn over, lose pass, W grip, offence, formation.

Rules

- Possession is changed if a pass is forward, and a free pass is awarded from where the offence occurred.
- If the ball is dropped forward, the opposition has a free pass from where the offence took place.

Assessment Overview

Head - Recognise principles of defence.
Hand - Combine skills such as running and passing.
Heart - As a team, maintain possession.

