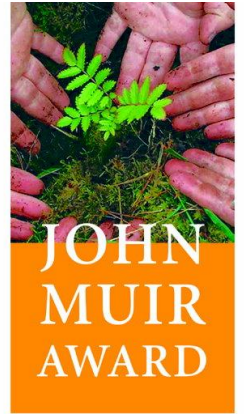




Plas Gwynant Outdoor Education Centre



Wild Places
discover - explore
conserve - share

General information

Leave date: Monday 1st December

Time of departure: 9.30am (Tower Road)

Parents/carers will need to come into school no later than 8.30am.

Parents are then welcome to wait outside of the school gates to wave off children or go home and then return for 9.30am departure.

Packed lunch required

General information

Return date: Friday 5th December (approx 2.30pm-3.00pm).

Method of travel: Air Shuttle Coaches

Adults attending: Mr Hussain (group leader), Mrs Clayton (first aider)

Social Media- staff will upload pictures onto school website (signal permitting)

General information

Behaviour

High standard of behaviour is expected. Children have a lot more freedom. They will not be under constant supervision so behaviour is expected to be exemplary.

Any concerns with regards to behaviour could result in parents being asked to come and collect their children immediately (never happened before).

General information

Activities: Lead teacher will liaise with Plas Gwynant closer to the time to arrange agenda.

Kit list: See letter in envelopes.

Dietary requirements: Please inform the office of any additional dietary requirements that your child has that are not on the forms in the office.

Money: Maximum of £10 in a named wallet/purse to be given to Mr Hussain on the morning of the trip.

General information

Forms to be filled in for any medication that needs to be administered (including inhalers) and returned before the end of the week to the office.

Any medication must be in the original box and prescription only to be handed to Mrs Clayton on the morning of the trip.

Calpol will be taken by Mrs Clayton. If your child requires Calpol, you will be informed of this.

7.30am	Wakey Wakey
7.50am	Duties
8.20am	Breakfast
9.00am	Make your packed lunch
9.30am	Meet your instructor and start activities
4.15pm	Activities are over
4.30pm	Drinks and cakes in the dining room/free time
5.30pm	Dinner time
6.45pm	Free time
7.00pm	Evening activity
8.30pm	Hot chocolate
9.00pm	Get ready for bed
9.30pm	Bedtime (Up to the teachers)
10.00pm	Night night lights out

	BREAKFAST	LUNCH	EVENING MEAL
Tuesday		Students bring their own packed lunch to be eaten when they arrive at Plas Gwynant	Jacket potato cheese, beans tuna mayonnaise, salad, coleslaw Garlic bread Jam roly-poly pudding and custard
Wednesday	Juice Rice Crispies Hash browns Beans Toast Tea/Coffee	Sandwich fillings: Beef/cheese/spreads salad etc Mini cheddars Orange Club biscuit Fresh fruit	Pasta or rice dish Bolognese sauce Salad/vegetables Vegetarian curry Fruit salad
Thursday	Juice Cornflakes Scrambled egg Toast Tea/Coffee	Sandwich fillings: Ham/cheese etc Salad Flapjack Penguin Biscuit Fresh fruit	Roast Dinner Potatoes Seasonal vegetables Gravy Vegetarian Pie Chocolate mousse
Friday	Juice Coco Pops Bacon Spaghetti hoops Plum tomatoes Toast Tea/Coffee	Sandwich fillings: Turkey/cheese Salad Crisps Kit Kat Biscuit Fresh Fruit	Battered Fish or Homemade beef burgers Chips Peas Vegetarian Pizza Rice pudding and jam
Saturday	Juice Frosties Sausage Beans Toast Tea/Coffee	Sandwich fillings: Tuna mayonnaise/cheese Salad Milkyway Fruit cake Fresh fruit	

Share this website with your children:

<https://www.sandwellresidential.co.uk/gallery/plas-gwynant-gallery/>

Learning

Challenging

Developing

Inspiration

New Experiences

Exploring

Conserving

F

U

n

Achieving

Teamwork

Communicating

Independence

Taking part

Responsibility

Enjoyment

Activities

Monday	Arrive early afternoon, group and staff brief, give out kit, ice breaker games
	Diary, night walk
Tuesday	Canoeing/bushcraft
	Orienteering
	Diary, outdoor scavenger hunt
Wednesday	Whole Day Mountain Adventure
	Diary, photo orienteering
Thursday	Beach Exploration
	Abseiling
	Diary, Disco
Friday	Whole school fun activity
	Presentation Depart before lunch and return to school

A typical program

Abseiling



Canoeing



Beach

Exploration



Mountain Adventure





Gorge Walk

(Often part of a mountain adventure)





The Centre









www.plasgwynant.org.uk





British Isles Wall Map

World Mountain Heights

Mountain	Height (m)
Mount Everest	8848
K2	8611
Mount Qomolangma	8585
Mount Annapurna	8098
Mount Dhaulagiri	8168
Mount Lhotse	8516
Mount Makalu	8481
Mount Shivalinga	8264
Mount Gonggong	8126
Mount Kinshasa	8130
Mount Kangchenjunga	8586
Mount Nanga Parbat	8125
Mount Zaskar	8051
Mount Annapurna South	7924
Mount Annapurna West	7925
Mount Annapurna East	7926
Mount Annapurna Central	7927
Mount Annapurna North	7928
Mount Annapurna South West	7929
Mount Annapurna South East	7930
Mount Annapurna North West	7931
Mount Annapurna North East	7932
Mount Annapurna South West Central	7933
Mount Annapurna South West East	7934
Mount Annapurna South West North	7935
Mount Annapurna South West South	7936
Mount Annapurna South West West	7937
Mount Annapurna South West East	7938
Mount Annapurna South West North	7939
Mount Annapurna South West South	7940
Mount Annapurna South West West	7941
Mount Annapurna South West East	7942
Mount Annapurna South West North	7943
Mount Annapurna South West South	7944
Mount Annapurna South West West	7945
Mount Annapurna South West East	7946
Mount Annapurna South West North	7947
Mount Annapurna South West South	7948
Mount Annapurna South West West	7949
Mount Annapurna South West East	7950

Where is Plas Gwynant?
(where am we?)

Map Scales

Scale	Distance
1:50,000	1 cm = 500 m
1:25,000	1 cm = 250 m
1:10,000	1 cm = 100 m
1:5,000	1 cm = 50 m
1:2,500	1 cm = 25 m
1:1,250	1 cm = 12.5 m
1:625	1 cm = 6.25 m

Distance Survey 1:50,000

Distance Survey 1:25,000



www.plasgwynant.org.uk

The screenshot shows the website for Plas Gwynant, an outdoor education centre. At the top, there is a navigation menu with links for 'Courses', 'Activities', 'About Us', 'Group Organiser', 'Self Catering Cottage', and 'Contact Us'. Below the menu is a large banner image of a group of people in outdoor gear standing in a field with a rainbow in the background. The text 'Great Learning Adventures...' is overlaid on the banner. Below the banner, the text reads 'Outdoor Education and Adventure in Snowdonia, North Wales'. To the left of this text is a 'Find us on Facebook' button. Below the main text, there is a paragraph describing the location and services of the centre. On the right side, there are two smaller sections: 'Latest Courses' with a photo of people and a 'See Availability >>' link, and 'Self Catering Cottage' with a photo of a building. The browser's address bar shows 'http://plasgwynant.org.uk/' and the taskbar at the bottom shows various application icons and the time '12:34'.

Plas Gwynant
Outdoor Education Centre

Courses Activities About Us Group Organiser Self Catering Cottage Contact Us

Great Learning Adventures...

Outdoor Education and Adventure in
Snowdonia, North Wales

Find us on Facebook

Plas Gwynant Residential Outdoor Education Centre is located at the foot of Snowdon (Yr Wyddfa) in North Wales, perfectly situated for a wide range of adventurous outdoor activities on both land and water. We are able to cater for a wide variety of groups up to a maximum size of 44 plus staff.

We provide a welcoming and personal approach to learning. Plas Gwynant offers unique outdoor experiences within a beautiful and inspirational setting. Our very experienced and highly qualified staff are able to provide high quality residential outdoor and adventurous educational courses.

Latest Courses

See Availability >>

Self Catering Cottage

01766 890212 plas_gwynant@sandwell.gov.uk